

HOME BLOOD GLUCOSE SHEET

Insulin Dose: Bolus – Humalog (with meals)
Basal -Tresiba – Long-acting (at night)

Date	Before Breakfast	Insulin	2 hrs after breakfast	Before Lunch	Insulin	2 hrs after Lunch	Before Supper	Insulin	2 hrs after Supper	Bed Snack	Bed Insulin	Adj/Notes